

Breaking Out of the Bubble (BOB) put on a hate crime and hate incidence conference on the 8<sup>th</sup> of March 2023.

30 people with learning disabilities (LDs) came along with supporters from local organisations for PWLDs as well as representatives from Lambeth and Southwark Councils, the community police, Transport for London, Wheels for Wellbeing, Transport for All, Generate UK, Inclusion London and DASL who did not have learning disabilities.



We provided five different workshops, Being Safe Out and About, Police and Support, Being Safe in the Home, Being Safe on Transport and Being Safe Online. Police and Support was facilitated by one of Breaking Out of the Bubble staff with LDs and a Community Engagement Police Officer, Being Safe on Transport was facilitated by Transport for All and one of BOB's staff with LDs. The rest of the workshops were facilitated by BOB staff.

Ignite Me Theatre acted out a range of different hate crimes and incidences that PWLDs can experience. This was very well done and useful and helped to open up conversations in the workshops.

The feedback forms we handed out at the end of the conference showed how much people had appreciated the day with everyone, except for one person who said the conference was useful, saying they found the conference very useful.

People said the conference led to them understanding or understanding more about the following issues, Cuckooing, internet Catfishing to get money or information from people, sexual and other abuse, fake 'friends', the importance of asking questions about hate crime and incidences, the importance of having trusted people to talk with, what to do when a hate crime or incidence happens, and how as far as possible to avoid incidences and remain safe. People also said the conference helped them to understand what sort of hate issues PWLDs are facing and the scale of the problem.

As always, once these subjects are discussed with PWLDs people started to tell us about hate crime and incidences that have happened to them or are still happening. At times it was shocking to hear these stories about what has happened to people we know and care about. All of the hate crime and incidences mentioned previously had happened to one or the other of the people with LDs at the conference.



Please see Breaking Out of the Bubble's Top Tips about identifying and supporting victims of hate crime and incidences, as well as what can be put in place to support people with learning disabilities to avoid hate crime and incidences where possible.